

Introducing
**The
January
Center**
a New Beginning



Artist rendering of The January Center

Funding is provided by the
Connecticut Department of Correction
and Court Support Services Division



The Connection®
INCORPORATED

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About The Program

The January Center is Connecticut's first sex offender residential treatment center, and is a key component of The Connection's and the State of Connecticut's comprehensive effort to reduce the risk of sexual violence and to increase public safety. Filling a critical gap in the continuum of treatment, supervision and re-entry, The January Center's 24-bed program and services are part of The Connection's Center for the Treatment of Problem Sexual Behavior and continuum of Community Justice Services.

Our Mission

Our mission is to provide clients a positive sense of direction and to empower them to behave as law abiding citizens and productive

members of society. The therapeutic community in which the residents reside is a highly structured environment with a range of clinical interventions that include comprehensive assessment, sex offending specific treatment interventions, related group therapies, polygraph examinations, and self-help support groups. Through an enhanced combination of surveillance and therapeutic interventions, we assist each client with their positive integration into the therapeutic community as preparation for a later integration into the Connecticut community.

Referrals

Clients are referred to the program from the Connecticut Department of Correction - Parole and Community Services, and from Court Support Services Division - Adult Probation Services. The target population for admittance is moderate to moderate-high risk sexual offenders, with long standing risk issues that are receptive to intensive therapeutic intervention. The average length of stay of clients at The January Center is expected to be three to six months.

Assessment and Treatment

The goal of The January Center is to encourage a lifestyle which includes the elimination of deviant sexual behavior and

anti-social (criminal) behavior. We also support the development of employment skills, and the acquisition of positive attitudes, values and behaviors, such as honesty, responsibility, non-violence, and self reliance.

The January Center implements an innovative and comprehensive approach that targets changeable risk factors. This begins with a risk and needs assessment process that translates risk factors for re-offense into treatment objectives, and ultimately into effective clinical interventions. Changeable factors include:

- Attitudes / Values
- Substance Abuse / Dependence
- Employment
- Education
- Family / Peer Relationships
- Coping Skills
- Psychiatric Stability
- Intimacy Deficits

The risk and needs assessment is an ongoing process for the duration of a client's stay at the program. It is a consideration in discharge planning.

Case Management

In addition to the therapeutic interventions, a major emphasis of the program involves providing clients with the necessary vocational training and job skill evaluations so they can effectively develop resumes, interviewing skills, and job search skills in order to secure and maintain employment. Job search assistance will focus in geographical areas near their city of origin.

Discharge planning will also include finding housing and establishing a positive support system. For sexual offenders, community stability, fulfilling employment and a positive support system reduces re-offense risk.

Strategic Alliances

The following list of agencies and programs is demonstrative of the collaborative networking and continuum of care at The January Center:

- Connecticut Department of Correction - Parole and Community Services
- Court Support Services Division - Adult Probation Services
- Connecticut State Police Department
- The Bureau of Rehabilitation Services
- Sexual Assault Crisis Services
- Alcoholics Anonymous
- Narcotics Anonymous
- CT Works Project